

March 2026 *TIPS*

A Newsletter From
Saint Timothy Evangelical Lutheran Church

Come and Worship!



Sunday School 9:35 – 10:20 am
Sunday Worship 9:00 am & 10:30 am

St. Timothy ELCA is a community of faith creating
connection through the love of Jesus Christ

395 Valley Road, Wayne, New Jersey 07470

sttimothynj.org

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Director of Music
Office Manager
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Church Council

Colleen Duffy	President
Josh Abrahamson	Vice President
Karen Sajban	Treasurer
Marie Johnsson	Secretary
Gloria Cooper	
Laura Dec	
Art DeRose	
Garey Goskowski	
Cliff Konnerth	
Valerie McGrath	
Jeff Riotto	
Barbara Westerberg	



MARCH 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Lent</i> 1</p> <p>9:00am Worship 9:35am Christian Ed* 10:30am Worship 1pm AA</p> 	<p>2</p> <p>9-11:30 am Heart 'n Hands</p> <p>7pm Scouts</p>	<p>3</p> <p>1 pm Meditation w/Movement 2 pm Bible Study w/Holy Communion 7 pm Worship committee meeting</p>	<p>4</p>  <p>6:30pm Soup Supper 7:15pm Bells rehearsal</p>	<p>5</p>	<p>6</p> <p>Office Closed</p> <p>6 pm AA</p>	<p>7</p>  <p>Don't be late tomorrow!</p>
<p><i>Lent</i> 8</p> <p>9:00am Worship 9:35am Christian Ed* 10:30am Worship 1pm AA</p> 	<p>9</p>  <p>Content Due</p> <p>9-11:30 am Heart 'n Hands</p> <p>7pm Scouts</p>	<p>10</p> <p>1 pm Meditation w/Movement 2 pm Bible Study w/Holy Communion 7:30 pm Church Council meeting</p>	<p>11</p>  <p>9:30/10:30am Needleworks 6:30pm Soup Supper 7:15pm Choir rehearsal</p>	<p>12</p>	<p>13</p> <p>Office Closed</p> <p>6 pm AA</p>  <p>7 pm Line Dancing</p>	<p>14</p> <p>10:30 am</p> 
<p><i>Lent</i> 15</p> <p>9:00am Worship 9:35am Christian Ed* 10:30am Worship 1pm AA</p> 	<p>16</p> <p>9-11:30 am Heart 'n Hands</p> <p>7pm Scouts</p>	<p>17</p> <p>1 pm Meditation w/Movement 2 pm Bible Study w/Holy Communion 7 pm CEC meeting</p>	<p>18</p>  <p>10am Hymn Sing 6:30pm Soup Supper 7:15pm rehearsal</p>	<p>19</p> <p>10:30 am Adult Book Group</p>	<p>20</p> <p>Office Closed</p> <p>6 pm AA</p>	<p>21</p>
<p><i>Lent</i> 22</p> <p>9:00am Worship 9:35am Christian Ed* 10:30am Worship 1pm AA</p>  	<p>23</p> <p>9-11:30 am Heart 'n Hands</p> <p>10:00am Flower online order deadline 7pm Scouts</p> 	<p>24</p> <p>1 pm Meditation w/Movement 2 pm Bible Study w/Holy Communion</p>	<p>25</p>  <p>9:30/10:30am Needleworks 6:30pm Soup Supper 7:15pm rehearsal</p>	<p>26</p>	<p>27</p> <p>Office Closed</p> <p>6 pm AA</p>	<p>28</p>
<p><i>Palm Sunday</i> 29</p> <p>9:30am Worship followed by <i>Brunch</i> 1pm AA</p>	<p>30</p> <p>9-11:30 am Heart 'n Hands</p> <p>7pm Scouts</p>	<p>31</p> <p>1 pm Meditation w/Movement 2 pm Bible Study w/Holy Communion</p>	<p>31</p>	 <p>Easter Plant Sale - begins March 8 - ends March 22/23</p>	<p>31</p>	<p>*Christian Ed includes Youth Sunday School Confirmation Adult Sunday School Adult Forum</p>



*“The Spirit of God has made me, and the breath of the nursing God,
she gives me life.”*

-Job 33:4

Due to practices in biblical translation and the organization of the lectionary (three-year cycle of scripture readings used on Sunday mornings), many churchgoers miss out on the many women in the bible. If we only ever hear the bible read in church, we might be under the impression that all the important bible characters are men (even God!).

Did you know that God is referenced as female too? In fact, the words in Hebrew (Ruach and Shekinah) and Greek (Sophia) that are frequently translated for the Holy Spirit, are feminine words with feminine pronouns. God is also referred to as giving birth (Creator) and nursing humanity (Sustainer).

We also miss a lot of the stories of prominent women found in Judaism and the early church. So, it may come as a surprise to you to know that included on my bookshelf is an encyclopedia with 592 pages of information on women in the bible. There are ~400 named and unnamed women found in scripture. How many do you know? Eve, Sarah, Miriam, Deborah, Ruth and Naomi, Esther, Mary...

The bible is rich with wives, mothers, prophets, judges, queens, and disciples that we rarely and maybe never hear about on Sunday mornings. One of my favorites is Priscilla (aka Prisca). She was a traveling missionary. She taught Paul in the early days after his conversion to Christianity about both Jesus Christ AND tent making. Both she and her husband, Aquila, worked with him in his ministry to the Gentiles. Originally from Rome, she led churches in Corinth and Ephesus before returning to Rome sometime after 54CE.

Priscilla and her husband had the means to move from place to place, set up a house large enough to host a church, and lead a congregation without any established doctrine or even a bible to go by. Paul credits them with risking their own lives in order to save his. He speaks of them as being well-known throughout “all the churches of the Gentiles.” Various scholars have credited her with having written the book of Hebrews found in the NT. I’m not 100% convinced of that, but I do believe the scriptural evidence that she was a prominent teacher and leader.

Women are not more important than men in scripture or in the church, but they do exist and they do important things. It is actually *fun* to read their stories, because they are new to many of us. If you want to read up on some during this Women’s History month, I have a few names you might not have heard before:

Huldah – prophet of God found in 2 Kings 22:14-20 and 2 Chronicles 34: 11-28



Jael – assassin found in Judges 4: 17-22; 5:6, 24-27



Bernice – queen found in Acts 25:13 - 26:32



Lydia – disciple found in Acts 16: 11-15



If you read these passages and find yourself curious to know more, then I am happy to give you photocopies from my encyclopedia 😊



Spring Forward



Daylight Savings Time goes into effect Saturday night into Sunday morning, March 7th to 8th. If your alarm doesn't automatically reset, this is your friendly reminder to change your clocks before retiring for the evening... don't want to miss Worship, after all!

Holy Week Office Operations

As in years past, Pastor Kimberly will hold no regularly scheduled office hours during Holy Week. She will be available upon request; simply call Deb in the office to make arrangements. In case of emergency, you can always reach out directly to Pastor via her dedicated church cell number 551.315.7151.



The office will be closed on Easter Monday (April 6, 2026).

Easter Plant Sale

The Annual Easter Plant sale will begin on Sunday, March 8th and run through Sunday, March 22nd for paper-based orders (see table in the narthex). An online version of the form is also available ([click here](#)) and will close at 10am sharp on March 23rd. You may also call the office (973)694-8316 during regular business hours to place your orders.

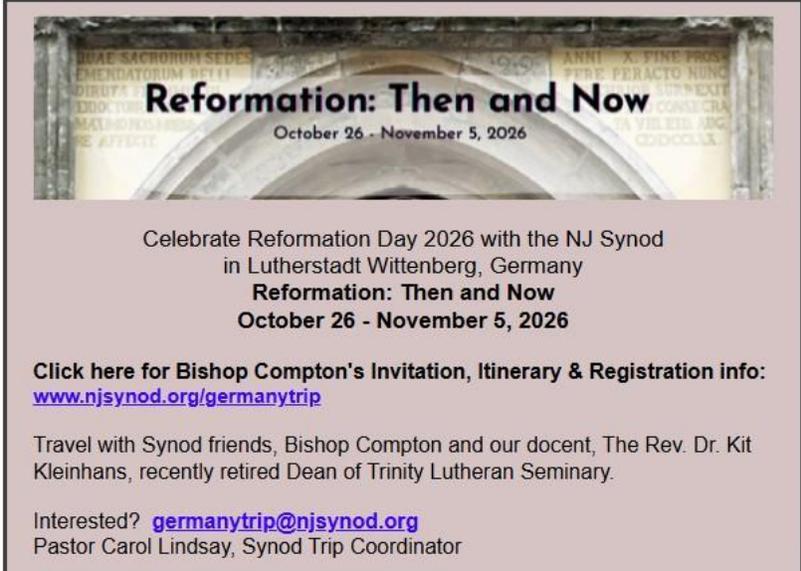


Payment by cash or check made out to St. Timothy Lutheran Church Floral Fund is due at the time of order. Order forms and payment can be placed either in the offering plate or into the Church Secretary mail cubby.

Plants will adorn the altar for Easter and will be available for taking after worship.

Reformation Trip to Germany

Who will join Pastor Kimberly at the place where it all started?



The poster features a photograph of a stone archway with Latin inscriptions. The text on the poster reads: "Reformation: Then and Now" in large bold letters, with "October 26 - November 5, 2026" below it. Further down, it says "Celebrate Reformation Day 2026 with the NJ Synod in Lutherstadt Wittenberg, Germany" followed by "Reformation: Then and Now" and "October 26 - November 5, 2026". A link is provided: "Click here for Bishop Compton's Invitation, Itinerary & Registration info: www.njsynod.org/germanytrip". Below that, it says "Travel with Synod friends, Bishop Compton and our docent, The Rev. Dr. Kit Kleinhans, recently retired Dean of Trinity Lutheran Seminary." At the bottom, it asks "Interested?" and provides the email "germanytrip@njsynod.org" and "Pastor Carol Lindsay, Synod Trip Coordinator".

There's a ton of info in the link below to help you decide:

[Invitation, Itinerary & Registration](http://www.njsynod.org/germanytrip)

Interested or have questions, email Trip Coordinator Pastor Lindsay:

germanytrip@njsynod.org

or speak with Pastor Kimberly

Newsletter April edition



There's an early deadline this month since Deb will be on vacation at the end of April.

Members who would like to share news with the congregation are always welcome to submit a blurb to Deb in the office no later than the second Monday of each month to appear in the following month's TIPS newsletter. Feel free to give some parent-brags, note special milestones or advertise an upcoming special event!

NOTE: Regular contributors: your content is due April 7th

Heart 'n Hands Mission Update



The Heart 'n Hands Mission board met on February 1 to plan for the remainder of this year – weekly operations, delivery schedules and teams, purchasing, care kit assembly, and administrative responsibilities. We are seeking new volunteers to help in all areas.

We are now making monthly deliveries to St. Stephan's Grace Community ELCA church in Newark and two monthly deliveries to Christ House in Paterson and continue monthly deliveries to our other partner organizations.

In late January we supplied the following necessities to Catholic Charities Supportive Services for Veterans and Families for the state's annual Point-In-Time Count of the state's homeless population.

- 288 pairs of socks
- 288 tee shirts
- 747 pairs of underwear (men's and women's)
- 1400 protein bars
- 200 hand warmers
- 216 toe warmers
- 1100 personal care kits (shower, shave, dental, and feminine hygiene)
- 540 full size toiletries for those housed in shelters (shampoo, body wash, soap, shaving supplies, and deodorant)

These necessities were distributed in four counties. The Point-In-Time Count is a one-day snapshot of homeless populations in our communities across New Jersey that captures the number and characteristic of people who are experiencing homelessness. Knowing the number and nature of people who are homeless and understanding trends can help state, county, and community support organizations better understand the scope of the issue, improve system efficiency, strategically plan for resources, and promote effective interventions.

Our outreach continues to grow, as does the need to support and assistance to increasing numbers of individuals and families in need. We need more volunteers to meet this need and ask for your help in this St. Timothy ministry. Please join us.

Opportunity for Lay People



Saturday, March 7, 2026

**Come ... GATHER AND ... BE EQUIPPED - IGNITED - EMPOWERED
At Good Shepherd Lutheran Church**

300 Union Ave., Somerville, NJ 08876

Parking entrance on N. Richards Ave. Building is handicap accessible.

Hosted by Growing in Faith: NJ Diakonia Steering Committee

\$50.00 registration fee includes lunch. Supported by Thrivent Action Team

Registration at 9:00 AM. Program 9:30—3:30

ALL ARE WELCOME - INVITE A FRIEND

Day includes:

- An interactive panel discussion with Rev. Maristela Freiberg, Asst. to the Bishop and members of the New Jersey "GO AND..." team - reimagining how we invite people into relationship and share God's love.
- Three breakout sessions through which all attendees will be able to circulate.
 - **Go and Pray**, led by Lynn Perry and Rev. Judith Anders.
 - **Go and Listen**, led by Rev. Joseph Graumann Jr. and Rev. Maristela Freiberg.
 - **Go and Tell**, led by Rev. Courtney Smith Westerlund and Rev. Danielle McCleary
- Lunch and Fellowship
- Closing discussion
- Service of Sending



Rev. Maristela Freiberg

REGISTER TODAY!

Questions and Registration:

Email Ellen J. Lindemann at Ellen.Lindemann@raritanval.edu

Registration of \$50.00 payable at door.



<https://www.njsynod.org/go-and>



Weekly Tuesday Events ~ March 3rd, 10th, 17th, 24th, 31st

Meditation with Movement at 1pm. Can't make it every week, no problem: cost is \$40 cash per month, pay as you go. No mat needed, but a bottle of water suggested. Fellowship Hall.



Bible Study with Holy Communion at 2pm ~ Join Pastor Kimberly as she leads the group through an exploration of timely readings followed by the sharing of Communion. Parlor.

Soup & Worship ~ March 4th, 11th, 18th and 25th

Join Pastor Kimberly on Wednesday evenings during Lent at 6:30pm for a soup supper to deepen your Lenten devotion in fellowship and prayer.

[Online](#) and paper sign-ups are available for four volunteers to provide two varieties of homemade soup along with bread and set-up/clean-up assistance.



Holden Evening Prayer will again be utilized for the worship portion of the evening. Regular music rehearsals with Caroline Parody will follow the suppers.

Needleworks Groups ~ March 11th and 25th



Angels Circle and Nellie's Knit & Crochet meet on the 2nd and 4th Wednesday of the month in Fellowship Hall.

Angels begin their sewing at 9:30am, while the yarnworkers arrive at 10:30am. Both meet for about an hour and a half or so... there's plenty of flexibility for participant's schedules.

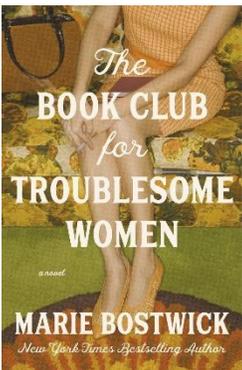
Newcomers and beginners welcome!

Line Dancing ~ March 13th



See Cathe Davidson if you have any questions or better yet, just show up! We're all novices and Cathe is a great teacher! Lessons start at 7pm and we dance until 9pm. Bring your own water & snacks. Wear shoes that have a little slide on the floor of Fellowship Hall.

Bookworms Book Club ~ March 14th



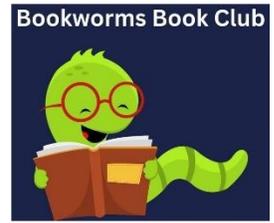
By early 1960s standards, Margaret Ryan, Viv Buschetti, and Bitsy Cobb, suburban housewives in a brand-new "planned community" in Northern Virginia, appear to have it all. The fact that "all" doesn't feel like enough leaves them feeling confused and guilty, certain the fault must lie with them. Things begin to change when they form a book club with Charlotte Gustafson--the eccentric and artsy "new neighbor" from Manhattan.

[After reading the groundbreaking *The Feminine Mystique*,] the book struck a chord with an entire generation of women... Margaret, Charlotte, Bitsy, and Viv are among them. But is it really the book that alters the lives of these four very different women? Or is it the bond of sisterhood that helps them find courage to confront the past, navigate turmoil in a rapidly changing world, and see themselves in a new and limitless light?

-From goodreads

Watch a Talk with Author Marie Bostwick [here](#).

For Bookworms information, including the complete list of chosen works for 2026, contact Barbara Westerberg at 973.696.1471 on how to join in the friendly discussion.



Happy reading!

Hymn Sing @ Alps at Wayne ~ March 18th



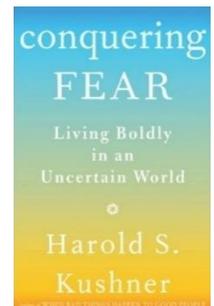
Spend an hour engaging the shut-in population of this care facility with familiar song. Lyric sheets provided, just bring your voice and sunny disposition!

Meet in the Lobby at 10am. Questions? See Carolyn Russo

Adult Book Group ~ March 19th

Come join us as we continue reading *Conquering Fear* by Rabbi Harold S. Kushner.

We meet the 3rd Thursday of the month at 10:30am. Each session is stand-alone, so jumping in at the middle is fine!



Great discussions, great fellowship, come join us! -Barbara Westerberg



MARCH

3/3 Brendan Loftus	3/18 Alice Huizinga
3/7 Kayla Fagan	3/18 Barbara Kaplan
3/7 Andrew Konnerth	3/19 Rebecca Kremen
3/8 Christopher Gaffney	3/20 Henrik Johnsson
3/10 Diana DeAngelis	3/22 Cliff Konnerth
3/10 Adam Johnsson	3/23 Donna McHugh
3/12 Amanda Loftus	3/24 Marie Beyer
3/16 Art DeRose	3/25 Amanda Dec
3/17 Herbert Eggers IV	3/28 Sammy Scillieri



3/6 Carolyn & Lopuis Russo
3/10 Rebecca & Richard Kremen

Know someone who should be on this list but isn't??

Please email Deb at st.tims395@yahoo.com

or call the office at 973-694-8316!



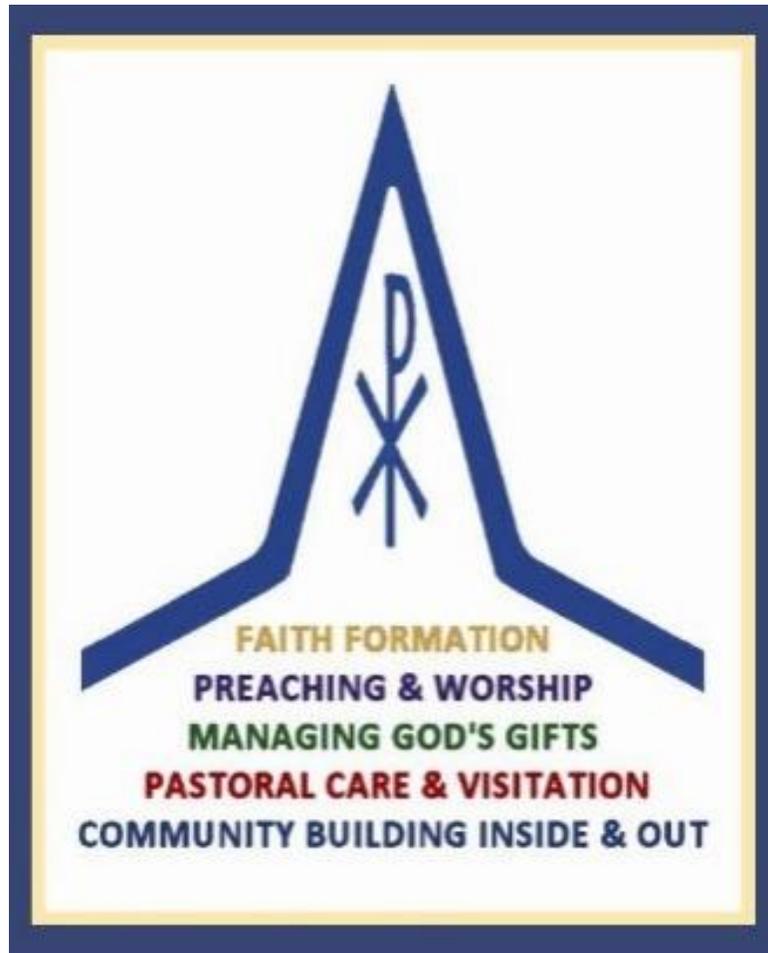
Maundy Thursday Dinner Church ~ April 2nd

Good Friday ~ April 3rd

Easter Sunday ~ April 5th

Penultimate Line Dancing ~ April 10th

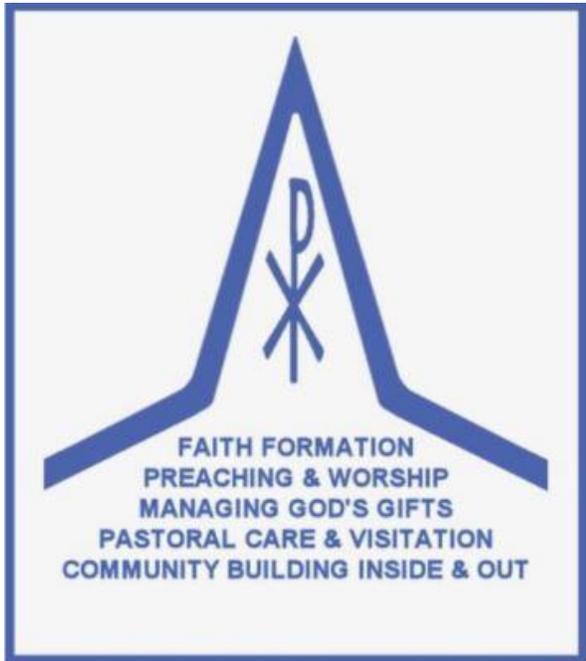
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DATE	Altar Guild	Ushers	Acolyte	Assisting Minister	Reader	A/V
Mar 1	Lori VanDerStad	Tom Sajban Doug Zangrilli	Jackson Scillieri	Fallon Goskowski	Colleen Duffy	Karen Sajban
Mar 8	Valerie McGrath	Laura Dec Jeff Riotto	Kaila Gabel	Karen McAleer	Karen Sajban	Samantha DeRose
Mar 15	Terri Loftus	Chris & Sue Phelan	Jackson Scillieri	Lori VanDerStad	Garey Goskowski	Compton Cooper
Mar 22	Valerie McGrath	Karen McAleer Tom Sajban	Herbert Eggers	Art DeRose	Marie Beyer	Karen Sajban
Mar 29 Palm Sunday	Nancy Farina	Jeff Riotto Lori VanDerStad	Lillian Johnsson	Laura Dec	Robin Koegel	Craig Beyer

St. Timothy Business & Service Directory



BUSINESSES



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Jeffrey W. Clapp
President

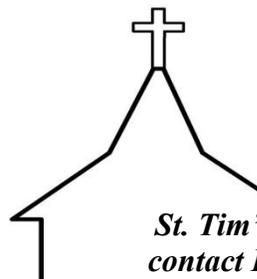
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